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**From Aged Care
to Ageing Well:
Changing the Mindset**

Aged Care to Ageing Well ?

- Demographics
- Health
- Self-determination

ECH Wellbeing Model



Physical & Emotional Health

- Growing complexity of needs
- Looking for more holistic responses
- Developing a more anticipatory perspective
- Technology support – Billy
- Acknowledging death

Home Fit-For-Purpose

- Having a home
- Home adaptations
- Housing options

Financial Considerations

- Financial planning
- Household budget management
- Co-operative solutions

Social Connections

- Creating community
- Fostering neighbourliness
- Embracing diversity
- Technology support – Care Konnect

Care Management

- An holistic approach – the ‘care spine’
- Responsive to changing needs
- Recognise and navigate the ‘seams’
- Respectful of self-determination
- Improved outcomes

Localised Service Delivery

- Neighbourhood working
- Cross-functional teams
- Improved responsiveness
- Improved efficiency

Take Home Messages

- Ageing well is not aged care
- Self-determination is critical
- Changing the mindset will deliver better outcomes

have questions?

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